

SECTION VIII

2026-2027

MODIFIED BOYS BASKETBALL

HANDBOOK

SECTION VIII BOYS MODIFIED BASKETBALL

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The NYSPHSAA Modified Program has been approved by its member schools and is based on over twenty five years of experimentation and implementation with **safety** as the major concern.

Sport Season: Winter 1 Start Date: November 2, 2026 End Date: January 16, 2027

Game Rules: National Federation Rules

Game Conditions

1. A minimum of two nights rest between contests.
2. The maximum number of contests shall be 11.
3. ***Six*** practices are required before the first scrimmage.
4. Two scrimmages will be permitted prior to the first game provided they are approved by the Athletic Director.
5. ***Six*** practices are required before the first contest.
6. Contests may be played with only one night of rest for rescheduling purposes only.
7. A team may not play three days in a row.

Game Rules

- 4 quarter or 4 quarter extended time no 5th period
- Players can only play in 3 quarters MUST sit out 1 quarter
- There is NO A/B roster
- All defenses allowed including press for all quarters
- 25 point lead half court defense only
- Schools can mutually agree to play with more restrictive rules

Regulation Game	4 Quarter Extended Play (7 or more players)
• 7-minute quarters	9 minute quarters (quarter 1-8 min)

Things to Remember:

- If a game is tied at the end of regulation play, there will be an overtime period of one (4) minute in duration. If it is still tied, the game ends.
- In a 4 period game, each team has 4 time outs that can be used at any time during the game. Each team also has 2-30 second timeouts. Only one per half can be used.
- The three (3) point shot is allowed if the gym is allowed if the gym has the line.
- There is no shot clock.
- There is a ten (10) second backcourt violation.
- The ball that is being used is the regulation 29.5" size basketball.

SECTION VIII SPORTSMANSHIP PHILOSOPHY

Sportsmanship (noun): Sportsmanship is a demonstration of generosity and genuine concern for others. It is a concrete measure of the understanding and commitment to fair play, ethical behavior and integrity.

A good sport… is a person known for the manner of his/her acceptance of the rules of the game or of a difficult situation.

"The NYSPHSAA requires Officials to enforce all Rules regarding unsportsmanlike conduct by coaches and players. There will be no tolerance for negative statements or actions between opposing players, especially trash-talking, taunting, or baiting of opponents. If such comments are heard, a penalty will be assessed immediately. The officials have been instructed not to issue warnings during the contest. It is strongly suggested that participants of this policy be frequently reminded of this."

The Section VIII Athletic Associations are committed to promoting the ideals of sportsmanship. These include the concepts of ethical conduct and fair play by all who participate in, officiate, or attend our events and activities. We stand in opposition to all instances and activities which do not support the high standards of athletic competition and do not ensure the well-being of our participants. We expect that a high standard of citizenship and respect for others will be evident at all interscholastic events.

We are also committed to the belief that all schools participating in Section VIII activities will be held responsible for the conduct of their players, coaches, faculty members and spectators. Conduct deemed detrimental to the values supported herein may be deemed just cause for reprimand, probation, suspension from a particular sport or suspension from Section VIII activities.